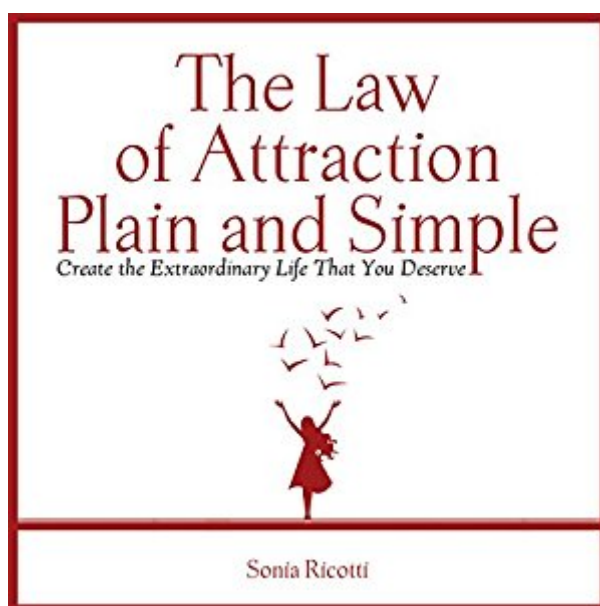


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# The Law Of Attraction, Plain And Simple: Create The Extraordinary Life That You Deserve



## Synopsis

Readers of *The Law of Attraction, Plain and Simple* can live the life of their dreams, their "greatest life," by applying Sonia Ricotti's eleven simple steps to enjoy freedom and inner peace in every area of life. The Law of Attraction states that we attract into our lives what we project into the universe. Written in concise, plain English and filled with stories, tips, and exercises, this book helps readers shift their thoughts, language, and emotions to emit positive vibrations and attract all they want in life. Using the eleven steps in this book, readers stop projecting negative energy and learn to project positive energy at all times. The eleven steps include: Decide What You Want Choose Your Thoughts and Feelings Unleash the Past Keep the End in Mind Connect Mind, Body, and Spirit Choose Your Friends Carefully Allow It (allow what you attract to arrive) With *The Law of Attraction, Plain and Simple*, Ricotti successfully strips away the esoterica often associated with Law of Attraction books, to present this universal law in a simple, commonsense, psychologically grounded way. --This text refers to an out of print or unavailable edition of this title.

## Book Information

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## Customer Reviews

This book is a wonderful reinforcement of how the brain is such a powerful tool in our ability to be successful or not. Literally it is all in our head. I have enjoyed reading this over and over to reinforce the information. It's a fairly quick read but all information is important and relevant and would be a good book for anyone that wants to be successful.

Great book

Quick simple chapters  
Short exercises  
Great to keep you on track with implementing the Law in your life  
Great if you've just started exploring the Law of Attraction

I have "known" all my life that I created my reality - as opposed to imagining the possibilities but not knowing how the Law of Attraction works. This book reminded me that the very first step to achieving success is to imagine that which you would have. However without consistent attention we become distracted and forget what we are about. Like all Laws this one requires effort (as the book stated). So with the reminders in this book we can all realize that we draw into our lives what we think about from minute to minute - not what we desire or fear but what we think about when we aren't aware we are thinking. Try it! Thanks for this little book. I appreciate it.

Very easy to read book that tells it plain and simple, like the title states. I found it to the point without a lot of hoo-hah. Great book to take on a short flight. It is also a good book to go back to from time to time as it doesn't take long to get reacquainted.

I have read quite a few books on Law of Attraction starting from Abraham-Hicks' books and going on to The Secret and Michael Losier's book. When I first got the book, I felt that it was too small and too simple but as I began reading I found it to be just right! Sonia Ricotti's book is easy to read and apply. The information is provided in bite-sized pieces (chapters) that help the reader assimilate one lesson at a time. I found the book well presented and useful. It also showed to me that things can be presented simply and yet be immensely useful. How useful you find the book depends on how committed you are to do the exercises in each chapter by the way - this is a book that you should not read passively if you want the most out of it. If you have not read anything else on the LoA, this book is all you need. And if you have read other books on the topic, this reinforces the messages in a simple way.

I have been involved in Metaphysics for 51 years. I am 77 and received my Masters in Metaphysical Sciences in October. I am very familiar with the Law of Attraction and have taught it to my students when I was a minister in Anchorage Alaska. I find Sonia's book to be clear, and easy and simple to follow. I love the exercises she had in the book. Thank you  
Rev. Nancee

This book is concise and practical. It compiles a list of steps that will bring definite improvement in your life's outlook (and performance). You will find yourself drawn to some aspects (more than others) according to your needs. Once you read it, you will know exactly what I mean (trust me on this one). Looking forward to her next book. JMP

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